

Fiona Cowell

Education

1981	BA Honours, Three-dimensional Art and Design Buckinghamshire College of Higher Education, High Wycombe - jewellery and silversmithing major; textiles minor Self-taught in embroidery
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Selected exhibitions

2025	Stitch by Stitch Contemporary Fine Art Textiles Juried exhibition - The Willow Gallery, Oswestry, Shropshire
2024	Hand & Lock, The Prize Exhibition Rosenfeld Gallery, London
2023	Stitch by Stitch Contemporary Fine Art Textiles Juried exhibition - The Willow Gallery, Oswestry, Shropshire
2023	A Stitch in Time Group exhibition - Shrewsbury Flax Mill, Shrewsbury, Shropshire

Awards and recognition

2026	First Runner Up, Emerging Woman Artist Award Arts to Hearts Project
2024	Chairman's Choice, Hand & Lock Prize for Embroidery My Metamorphosis - Traces of Transition
2023	Gold Award, Shrewsbury Drapers Company Textile Design Competition Chasing the Dragon - East Meets West
2022	Silver Award, Shrewsbury Drapers Company Textile Design Competition Mother Nature I, Human Nature II - Beneath the Waves theme
1969	First Prize for Painting in age category Cookham Festival, Berkshire

Press and publications

2026	Arts to Hearts Project, Emerging Woman Artist Award, Fall edition Award winner p29 - feature p102
Vol. 76	Embroidery, The Textile Art Magazine My Metamorphosis front cover - Hand & Lock feature p14

Memberships

Crafts Council